

FAASV Newsletter



*Filipino American Association, of
Stafford, Virginia Inc.*



September 2019

President's Message

Greetings and Welcome to September!

Hi, I am Zarah Pulido. I have had the pleasure of serving the last few months as your new FAASV President 2019-2020. I'm looking forward to a fantastic year of fun activities. FAASV Community Outreach has been successfully implemented over the past couple of decades. There will be opportunities to volunteer for FAASV's upcoming events, so please keep eye on our Facebook page and website (www.faasv.org). I'm happy to be a part of FAASV community services, such as Thurman Brisben Center, where we come together to help serve less fortunate families in the Shelter; the Adopt-A-Highway program, where we help clean our environment; and many other FAASV Community Outreach programs. With your unselfish dedication, we can help make our community a better place.

In addition to helping the community, we should also continue to educate them about our rich Philippine Cultural Heritage. I am proud to be part of the FAASV Cultural Dancers group performing such unique dances as the Tinikling, Bulaklakan, Pandango sa Ilaw, Carinosa and many others. I encourage everyone to join us, if you haven't done so already, to support our Organization in order to continue to keep up our rich Filipino heritage.

About me? Besides serving as FAASV President, I am also currently an independent distributor for a coffee weight loss business. I travel around the country to share this business opportunity. I enjoy the freedom it provides me, as I am able to be with my son before and after school as well as care for a 2 year old boy. In the past, I was a co-owner of General Java's Internet Cafe located in Quantico, VA. Lastly, I hold a degree in Business Administration from Strayer University.

I sure hope to meet more new friendly faces, and am looking forward to see you at our upcoming FAASV events.

Zarah Pulido
FAASV President
2019-2020



UPCOMING DATES



September 28th
MHC People's Ball

October 5th
Adopt-A-Highway

October 11th Nov. 15th Dec 13th
FAASV Membership Madness

November 9th
**Thurman Brisben Homeless Shelter
Meal Program**

November 17th preparation
November 20th Delivery
Thanksgiving Meal Basket

December 7th
Jaycee Christmas Parade – Fredericksburg
Oct 20th, Nov 18th, December 5th Preparation
(Nov 19th Mandatory Jaycee Parade Mtg)

December 15th
FAASV Christmas Party

INSIDE THIS ISSUE

- President's Message
- Meet Your Board
- Scholarship Page
- Holiday Flyer
- FAASV Induction / LUAU
- Food for Thought
- FAASV Upcoming Events
- What's Happening?
- 2019 Fall Festivals
- FAASV Activity Fun Group
- FAASV Scoop...
- About Our Organization

Meet Your Board

Team Work!!!

FAASV Board Members

Board of Directors

Yoly Cuccio	Director
Mila Wallace	Director
Gerry Goyena	Director
Lorna Kivlehan	Advisor
Lou Goyena	Advisor
Ester Terry	Advisor
Brinda Ruggles	Advisor
David Ingold	Advisor

Executive Board

Zarah Pulido	President
Emmanuel Dockendorf	Vice President
David Alford	Vice President
Grace Nicolay	Treasurer
Marissa Byrne	Asst. Treasurer
Justin Marin	Asst. Treasurer
Sasha Contreras	Recording Secretary
Nita Ingold	Corr. Secretary
Flor Contreras	Corr. Secretary
Edith Raymundo	Corr. Secretary

Appointed Committees

Troy Foreman	Scholarship Chair
Justin Marin	Public Relations Officer
Terry Ruggles	EMCEE/Master-At-Arms
Paul Miller	Master-At-Arms
Gaiz Lejano	Membership Chair
Lorna Kivlehan	Filipiniana Chair
Doug Raney	Historian/Photographer
Cherry Scimemi	Social/Special Events Chair
Mary Ann Alsteadt	Social/Special Events Co-Chair
Pace Sloan	Social/Special Events Co-Chair
Joy Williams	Social/Special Events Committee
Grace Esnardo	Social/Special Events Committee
Lina Raney	Social/Special Events Committee
Rosa R. Blank	Social/Special Events Committee
Esmie Tumbaga	Social/Special Events Committee
Madz de Leon	Social/Special Events Committee

FAASV Cultural Heritage Dancer Group:

Cecilia Peters – Cultural Heritage Chair
 Susan V. Patton – Cultural Heritage Asst.
 Ester Terry, Cherry Scimemi, Nita Ingold, Edith Raymundo, Pace Sloan, Lorna Kivlehan, Gaiz Lejano, Keilani Procopio, Melinda Foreman, Roxan Dail, Marydel Siervo, Bless Kelly, Len Bors, Shirley Benette, Racquel Jobe, Riza Saleh, Jen Fadul, Lorille Yizar, Susan Jarett, Rachel Mahatma, Mary McDonald, Laami Arnold, Nissan Caskev, Brinda Ruggles, & Zarah Pulido



Eman Dockendorf
Vice President

Emmanuel Dockendorf, AKA Eman, was born in Olongapo (Subic Bay), Philippines. He is the youngest of 8 siblings. Eman joined the U.S. Marines after high school. After serving 5 years in the Marines, he was then recruited by Fairfax County Police. He served the community for 10 years as a police officer.

Eman is married to Gemmalyn and has 3 kids (Daniel, Grace and Zion).

Eman has been a member of FAASV since it's founding and has served in numerous positions to include as Vice President. For 2nd term.

Eman has been a martial arts instructor for over 20 years. He has done a tremendous job of teaching FAASV members, primarily children, and his students have performed in fantastic karate exhibitions at numerous FAASV events over the years.



David Alford
Vice President

Hi,

I am David and I am happy to be a part of the FAASV family. I enjoy the wide variety of activities we do to help the community and promote social interaction among us.

I am a retired FBI Agent. I continue to travel around the country teaching forensic crime scene classes to the police and forensic science teachers. I love to travel and have been blessed with opportunities to travel throughout the US and many countries.

Meet Your Board



Grace Nicolay
(with her husband John Nicolay)
Treasurer



Marissa Byrne
Assistant Treasurer



Justin Marin
Asst. Treasurer/
Public Relations Officer



Sasha Contreras
Recording Secretary

Meet Your Board



Nta Ingold
Corresponding Secretary



Flor Contreras
Corresponding Secretary

Edith Raymundo
Corresponding Secretary



Called to *Serve*

Cultural Heritage Chairman!
Cecilia Peters



The Peters Family!

The youngest Cultural Heritage Dancers
Twins Carissa and Caiden Peters (6 years
old), Christian Peters (12 years old). And
Will Peters, (Bamboo Clappers).



Scholarship Program

Congratulations to 2019 FAASV Scholarship Recipients!



Maria Parent: Spotsylvania County high School. Awarded \$500

Anthon Martin: Virginia Commonwealth University (VCU) ~ Awarded \$500

Sasha Contreras: Old Dominion University (ODU). Awarded \$500

Ashley Anderson: Germanna Community College Awarded \$500



Sasha Contreras



Maria Parent

Scholarship Committee Members:

Troy Foreman ~ Scholarship Committee Co-Chair
David Ingold ~ Scholarship Committee Co- Chair
Yoly Cuccio ~ Director (Scholarship Committee Member)
Justin Marin ~ Public Relations Officer (Scholarship Committee Member)
Gaiz Lejano ~ Cultural Heritage Dancer Graphic Designer (Scholarship Committee Member)
Zarah Pulido ~ Asst. Recording Secretary (Scholarship Committee Recorder – Non-Voting)

**Brinda Ruggles ~ President 2017 -2019
Scholarship Committee President -Non-Voting
Eman Dockendorf ~ Vice President
Scholarship Committee Vice President – Non-Voting**

FAASV Holiday Flyer 2019



Join us for

FAASV Annual HOLIDAY PARTY

DECEMBER 15TH, SUNDAY

2:00 pm-9:00 pm

FREDERICKSBURG HOSPITALITY HOUSE HOTEL

2801 Plank Rd.

Fredericksburg, VA 22401

Adult: \$45.00 (Buffett dinner with all 3 main entree: beef, chicken and salmon)

Kids under 12 yrs. old: \$18.00 (chicken nuggets and fries)

Note: No outside food or beverage is allowed

Lots of fun, dancing, photo booth, gift for kids, and 50/50 raffle

Special Guests: Santa and Mrs. Claus

Attire: Holiday or Festive

Pre-register ASAP through **Dec. 7th**

Pay by cash or check payable to FAASV

Mail to: FAASV

PO Box 594

Garrisonville, Virginia, 22463

or by credit card (Square)

For more info, contact:

Grace Nicolay (540) 903-5208

Marissa Byrne (703) 624-8214

Ester Terry (540) 446-1994

FAASV LUAU Induction



The Executive Officers during Installation by the Guest Speaker Colonel Michael Cuccio, USMC



Appointed Committees during Installation by the New President Zarah Pulido



New Executive Board Award Presentation



Appointed Committees Award Presentation



The Cultural Heritage Dancers!



The Cultural Heritage Dancers Award Presentation



The Hip-Hop Dancers



The Cultural Heritage Dancer – Bulaklak!

FAASV LUAU / Induction



Food for Thought

Did you know?

Do you know that the Colony of Virginia was founded by a Corporation called “the Virginia Company”? The voyage to Jamestown to establish the Colony in 1607 was led by Captain Christopher Newport. John Smith was one of the early leaders of the Jamestown Settlement, and was credited with saving the original settlers from starvation and exploring and mapping the Chesapeake Bay waterways.

Some Facts about the Philippines (2019)

*** Ferdinand Magellan arrived in the Philippines in 1521, marking the start of the archipelago's colonization under Spanish rule, a 377-year period that lasted until 1898. The islands were dubbed "the Philippines" after King Philip II of Spain.

*** Of the 10 largest shopping malls in the world, 3 are found in the Philippines: SM Megamall (5,100,000 SF), SM North EDSA (5,360,00 SF), and SM Seaside Cebu (5,064,000 SF)

*** The Puerto Princesa Subterranean River in Palawan is 82 kilometers long. Until the discovery of a 10-kilometer underground river in Mexico, the Puerto Princesa River was the longest subterranean waterway in the world.

***The English word 'boondocks' is actually a Filipino loanword: the Tagalog word for 'mountain' is '*bundok*.'

*** Taal Volcano in Talisay, Batangas, is one of the world's most active volcanoes — active volcanoes need to be looked after given their active state and explosive history. It's also located in a lake, and has a lake inside it, with an even smaller island in it!

*** The amount of sulfur dioxide expelled by Mount Pinatubo during its eruption on Jun 15, 1991, created a two-year haze of sulfuric acid all over the world. It caused global temperatures to drop by 0.5 °C (0.9 °F).

*** A Filipino named Roberto del Rosario made the karaoke machine in 1975, but a Japanese musician had invented it four years earlier. Del Rosario, however, was the first to patent the product, which makes him the first patented producer of the karaoke.

*** In the province of Camiguin, there are more volcanos (seven) than towns (five). There hasn't been an eruption since the mid 1950s, but the island has the highest number of volcanoes per square kilometer in the world.

*** The modern yo-yo takes its name from a word in the Philippine language Ilocano, *yóyo*.

*** The University of San Carlos in Cebu City was founded by Spanish Jesuites on August 1, 1595, making it the oldest school in the Philippines. It is formerly known as Colegio de San Idefonso.

*** In 2002, the world's biggest pair of shoes was made in Marikina City. The wingtips clock in at about 5.3 meters in length, 2.4 meters in width, and almost 2 meters in height. They cost two million Philippine pesos.

***The rice terraces of the Philippine Cordilleras are an UNESCO World Heritage Site. The terraces were built about 2,000 years ago and — thanks to the rough terrain keeping settlers out — remain as they would have been in pre-colonial times.

***The Philippines' approximately 300,000 square kilometers (115,831 sq mi.) of land area are spread over 7,107 islands.

FAASV's Upcoming Events

Thurman Brisben Meal Program

Dates: May 4th, June 1st, August 3rd, September 7th, and **November 9th**

Community Service



Adopt-A-Highway

Dates: April 27, June 15th, August 10th, and **October 5th**



Together



we can help

Thanksgiving Baskets Through Social Services

(Thanksgiving Meals for less fortunate Families)

Preparing for the Meal Baskets: November 17th, 2019 @1500



Distribution/ Delivery to Social Services Main Building is on November 20th

Jaycee Christmas Parade

Futuristic Christmas Theme

Preparation of "Decorations" dates:

Oct 20th Meeting

Nov. 18th Meeting

Nov. 19th Jaycee Mandatory Mtg

December 5th Mtg

(Meeting place @ Ester Terry's House
6000 Harrison Dr., Fredericksburg)

December 7th, Parade



Picture taken with
Congressman Wittman at Jaycee Christmas Parade 2018



FAASV's Upcoming Events #2

Happy
Holidays

Reminder
FAASV
Membership
renewal is due
in December!

FAASV Holiday Party

Fredericksburg Hospitality House Hotel

December 15th 2:30 PM – 9:00 PM

Three entrée Buffet Meal includes Salad, Bread rolls, Starch, Veggies, three entrees (Chicken, seafood, & Beef), Coffee, Tea and multi-desserts.

Adults (and children of all ages who select the buffet will pay the full amount) **\$45 Buffet**

Children **\$18** (12 years old and under) will be served separately with *Chicken Fingers, Fries, Lemonade, and multi-desserts.*



Santa Claus is coming to town!!

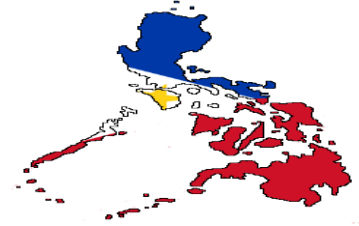
There will be Holiday gifts available for silent auction at the FAASV Holiday party!

Anyone, Individuals or business owners, are welcome to donate gift items for the FAASV gift silent auction. Your donation will benefit FAASV Community Service Outreach. Maraming Salamat po!



What's Happening?

FAASV Board Members attended ANCOR Fundraising Event
Guest of Honor – Leni Robredo, Vice President of the Philippines



Picture taken with the Guest of Honor
Leni Robredo, Vice President of the Philippines!
Along with Zarah Puido, Rosa Blank and Yoly Cuccia.

Congratulations to FAASV "Miss Teen Quezon City ~ USA 2018"

Brianna Nicole Coe

Brianna was one of ISA's Miss Teen Philippines America Pageant candidates. She was crowned
Miss Teen Visayas &
Miss Teen Virginia!



What's Happening #2!

Kababayan, inc. 30th Anniversary



Cultural Heritage Dance Practice

FAASV Dance Practice



2019 Fall Festivals!

2019 Fall Festivals

Check out this list of fun Fall happenings near you



STAFFORD COUNTY FAIR October 17 @ 8:00 am - October 20 @ 5:00 pm
EVENT CATEGORIES: Family Events, Festivals & Community Events - fun for kids
<https://staffordfair.com/>

George Washington's Mount Vernon Fall Harvest Family Days - Saturday, October 19, 9 AM - Sunday, October 20, 12 PM
<https://www.mountvernon.org/plan-your-visit/calendar/events/fall-harvest-family-days/>

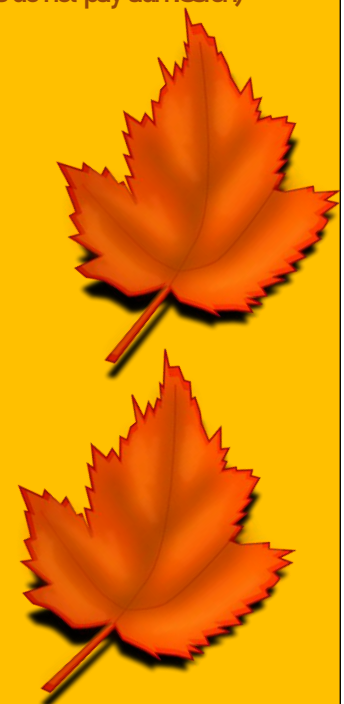
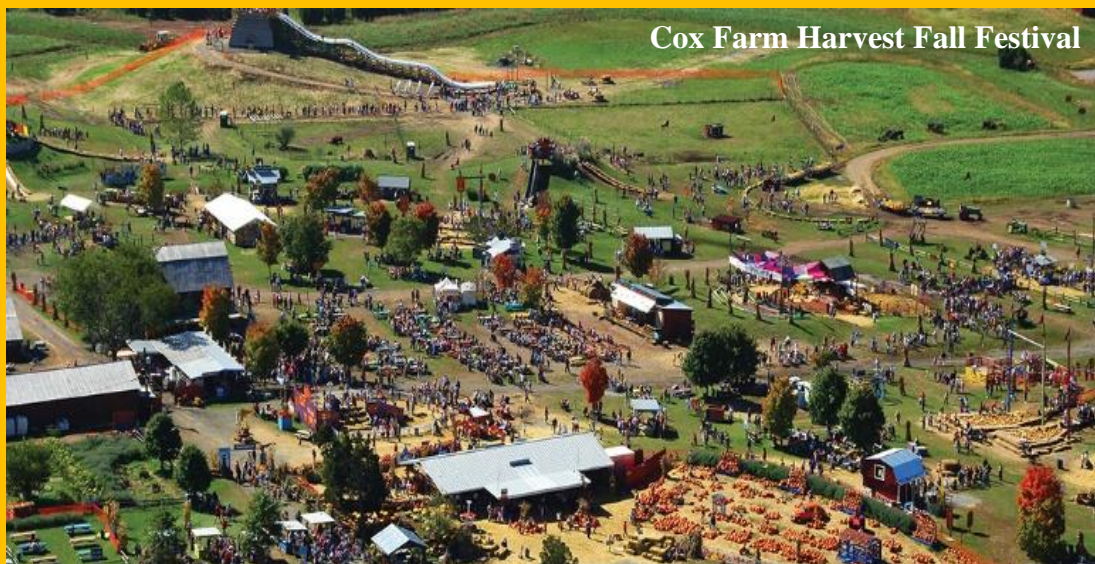
Belvedere Plantation - Fall Harvest Festival - Open September 21st - November 3rd
<https://belvedereplantation.com/harvest-festival/>



Amazing Farm Fun @ Ticonderoga Fall Festival - Open September 21st - November 3rd Free to Military Active Duty & Retired
<https://www.ticonderoga.com/>

Great Country Farm - Fall Pumpkin Harvest Festival ~ Open September 21st - October 31st
<http://greatcountryfarms.com/> (Children 2 years and under, Active Duty and Retired Military ID card holders do not pay admission)

Cox Farm Fall Festival - (Public Servants \$6 discount on September 21 - 22)
<https://coxfarms.com/fall-festival/fall-festival-tickets/>



FAASV Activity Fun Group

FAASV Activity Fun Group

It's Wine O'clock time Come and join us for some wine sipping at the beautiful award-winning Potomac Point Winery in Stafford, Virginia. We'll enjoy tasting of premier wines followed by a delicious lunch in Le Grand Cru Bistro.
Cost: \$xx per person (includes private premier wine and cheese tasting in the Potomac Point Winery's production area). Each person is also responsible for his/her individual Le Grand Bistro Lunch tab). To reserve spots for you or your bestie or better half to attend "It's Wine O'Clock at Potomac Point Winery", please call POC: Yoly Uccio @ 703-980-7594 Space is Limited!
When? October 12th or November 16, 2019 11:AM-2:30 pm (Tentative dates)

FAASV "Walk-A-Fun" Outdoor Group! Call for accurate date and time (weather permitting). It's Free!!! Just come and be ready to get energized. FAASV Outdoor Group Meeting/Carpool at Walmart - Place and time is TBA on Facebook page

FAASV Bowling - TBA - Come and roll with us! Grab your crew for a night right up their alley - Place and time is TBA

Girls Night Out or In It might be time to get the girls out again. Do you feel you can use some extra fun? Come and join the fun group (Place, date and time may vary). Dancing, listening to live music, and so on..
POC: Ester Terry 540-446-1994

FAASV Membership Madness Come and join us for a Meet and Greet! Coffee Social Meet-up fun time @ Panera Bread, Garrisonville, Stafford, every 2nd Friday of the month 6:30-8:30 pm (Place and time may vary)
*** POC: Zarah Pulido @ 540-226-5954 (Gaiz Lejano, Membership Chair).



Anyone would like to host a Fun Activity? Or if you have any suggestions, please call Zarah Pulido, @ 540-226-5954

Future Tentative Events

Day Trip to Medieval Times Dinner Theater: TBA

Washington DC day trip: - Picture ops - learn how to shoot or be familiarized with your camera - prior meeting may be set up - if you want to learn how to better use your camera. Cost \$0 + individual is responsible to pay for her/his entrance fee if any and lunch/Dinner if desired. Carpool/Meeting time @ Walmart

King's Dominion Trip: TBA

Please check on FAASV's Facebook page or FAASV website for accurate date, place and time for updated information. <https://www.faasv.org/faasv-activity-fun-group>

FAASV Scoop....

FAASV Board Meetings are held at 6:30 p.m. on the first Tuesday of each month at Porter Library, Stafford, Virginia. <http://www.librarypoint.org/porter>

Visit us on FACEBOOK and our website at www.faasv.org * * *

or email us at faasvgroup@gmail.com

FAASV
Meetings!



FAASV is “recognized as a non-profit organization and is tax exempt under section 501(c)(4) of the Internal Revenue Code, but is not an organization described in section 170(c) of the code. Therefore individuals/members may not deduct contributions made to the organization.”



Connect with FAASV Group friends on our members-only Facebook page and join conversations, share pictures, and get advice about the surrounding area.

About our organization

Want to advertise in FAASV newsletter?

To place an ad contact: Zarah Pulido at (540) 226-5954 or send an e-mail at: faasvgroup@gmail.com". All types of Ads welcome: birthday, anniversary, engagements, special occasion, greetings, announcements, poems, important info, etc. Prices of ads are as follows:

One Full Page for 1 Issue -- \$15

Half Page for 1 Issue -- \$8

¼ Page fo Issue -- \$5

Visit us on the web:

www.faasv.org

or connect with us on facebook:

<https://www.facebook.com/groups/faasv>

About our organization.....

FAASV's Goals and Objectives:

The Filipino-American community of Stafford, Virginia and the surrounding areas established a non-profit organization to promote fellowship and unity among Filipino-Americans, and to keep the heritage of the Filipino culture with the ideas of liberty and democracy.

The Filipino-American Association of Stafford, Virginia ("FAASV"), will engage in lawful activities that are subject to the limitations stated in the Articles of Incorporation under Section 501(c)(4) of the Internal Revenue Code. The association's objectives are:

1. To promote fellowship and unity among Filipino-Americans.
2. To promote Filipino heritage, and provide cultural education to the community.
3. To foster cohesiveness, and strengthen personal and social interactions among its members and other organizations.
4. To provide hospitality and assistance to newly relocated members in the area.
5. To provide scholarship grants to qualified students.
6. To provide Community Service Outreach within surrounding area.

FAASV
PO Box 594
Garrisonville, Virginia
22463

